

## Suggested Sailing Gear

*The only thing more damaging in estimating a challenge is under estimating your preparedness*

### Clothing

- Two pair boat shoes and/or court tennis shoes
- Cotton socks
- Underwear
- Sleep wear or light weight sweat suite
- Two or three pair of shorts
- Several T-shirts and/or short sleeve shirts
- Bathing suits
- Long sleeve shirt or sweat shirt
- Wind breaker jacket

### Sailing Gear

- Sunglasses with strap
- Brimmed hat with lanyard
- Light weight leather or sailing gloves
- Small pocket knife or Leatherman (optional)
- Small pocket flashlight and new batteries
- Foul weather gear (rain slicker jacket)

### Personal Gear

- Shower kit with hygiene items
- Large beach towel
- Inexpensive watch and jewelry
- Sun protection lotions/skin lotions
- Insect repellent
- Lip balm and sun block

- Personal medications and prescriptions
- Extra glasses and/or contact lenses
- Scopolamine ear patch or Dramamine tablets
- Ear plugs may help you sleep onboard
- Laundry or small duffel bag
- Small bag for marine shower facilities
- Day pack and/or fanny pack

### Other Equipment

- Wetsuit booties or beach booties
- Zip lock bags
- Sewing kit (optional)
- Pens and paper
- Address book (optional)
- Books and music CD's/ Mp3 player
- Small camera, extra batteries and chips
- Mask and snorkel
- Disposable underwater camera (optional)

### Travel Documents

- Airline Tickets
- Passport (be sure to check expiration date in advance)
- Drivers License
- Travelers checks
- Some cash (\$150-\$250)
- Credit and/ or ATM card

## Packing and Travel Notes

**Shoes:** Bring deck shoes and or leather Court Tennis shoes with a non-marking, flat treaded sole design that will grip when wet. Take your old shoes or buy an inexpensive pair for under \$20. The salt water will destroy the soft rubber inner sole on tennis shoes in a few weeks. When boarding the dingy or landing on the beach you will want to have wet suit booties or beach booties on your feet for protection and for snorkeling the booties are a must.

**Clothing:** Years of experience have taught us that extra tie planning your wardrobe in advance helps to guarantee a hassle-free vacation. Life aboard a sailing yacht requires some packing strategy. Layer your clothing to fit the weather. Keep in mind that you may want to cover up clothing for cool winds and reduced sun exposure. All clothing should be light-weight and light-colored.

**Gear Bags:** Carry all your gear in weatherproof soft duffel type bags. Boats have much less storage space than you think, so pack ridiculously light. Do not bring hard sided luggage because it does not collapse for storage in tight places.

**Sun Protection:** Protect yourself against the sun's powerful rays; they intensify as they reflect off the water and sails. You will be enjoying the wind and open sky most of the day. Consider strong sun block, good polarized glasses with strap and a packable wide brim hat with lanyard.

**Camera:** You will want one, but unless you are a pro photographer and can't leave the Leica or Haselblad behind, a small disposable or digital camera works very well. Some crew members may have a camcorder, watch for them mate, they're a dangerous lot.

**Prescription Drugs:** Bring any drugs you might need in clearly marked prescription containers, preferably the ones you purchased them in. Don't forget to fill out and bring with you the medical form. Make sure that the emergency contact information is clearly stated. You can find this form on the NLSC website.

**Seasickness:** Not a big deal usually, but if you are concerned please inform your skipper before leaving your home. He/she will have some recommendations to offer.

**Travel Insurance:** Many crew members are opting to purchase travel insurance. This type of insurance may cover your costs in case of an emergency cancellation. Also, many offer emergency evacuation to a medical facility and possibly home depending on the nature of your injury.

**Airline Reconfirmation:** Call your airline at least one day in advance to reconfirm your flight reservation and arrive at the airport for international flights at least 2 hours before your flight departure. Security checks are taking longer and a late check-in could find your seat taken by a standby passenger.

**Airline Baggage Limits:** Now that airlines are charging extra for bags please be conscious of their weight. Check with the airlines prior to packing to determine what their policies regarding luggage is. Fanny packs and purses are normally considered as personal items and do not count as baggage. A carry on bag size is generally limited to 8"x13" x 22".

**Emergency Phone Numbers:** It is considered a good idea to inform your family at home as to your itinerary and provide them with the number of the charter company in case they have to reach you.

**Security:** Don't take all cash. Robberies can happen. There are numerous products on the market that help to conceal money and important documents on your body. Don't set yourself up by standing out from the crowd or wearing expensive jewelry. Be constantly aware of where your personal items that you have brought with you when touring or on an excursion. Walk where there is plenty of traffic that can see you and in groups, not alone at night.

**Most Important:** Pack your cheerful disposition and look for greatness in others.

## **Yacht Amenities and Equipment**

Depending on what charter company you are using and where they are located, the equipment and amenities can vary. Below is a list of the items that can be generally found on most charter vessels.

### **Amenities**

Linen and towels  
AM/FM radio  
Fully equipped galley  
Barbecue grill  
Transom shower  
Snorkeling gear  
House keeping supplies  
Dingy (outboard sometimes optional)  
Bimini

### **Equipment**

Refrigeration or ice box  
Roller reefing genoa  
Electric anchor windlass (depends on boat size)  
VHF radio  
Depth sounder  
Knotmeter  
GPS  
Hand bearing compass  
Tool kit, some spares  
First aid kit  
Binoculars

### **Navigation Aids**

Cruising charts

### **Services**

Fuel and initial ice

## **Yacht Boarding**

This area is reserved for information pertaining to your specific charter