

NORTHERN LIGHTS SAILING CLUB  
TWIN CITIES, MINNESOTA

# BEARINGS

## Photo Contest Winner

### Rainbow over Minnetonka

by Joan Gilmore



# Photo Contest Second Place

## Sunfish-Canyon Lake, AZ

by Joan Gilmore



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### Scott's Scuttlebutt

Ahoy NLSC Sailors!

I hope this issue of Bearings finds you healthy, happy and looking forward to the summer sailing season. With February temperatures consistently above freezing this year, perhaps ice-out is just around the corner.... But then again, March has occasionally been the snowiest month of the year, so I am not packing my winter jackets away yet.

These next few months are also a very busy time for NLSC. Hopefully, you are thinking hard about a sailing adventure you can sponsor and are preparing for March's Trip Night. A NLSC sponsored event can range from a single day (or afternoon) on a local body of water to a multi-day cruise. Thus far, we have a few trips proposed but I say, the more the merrier! The best thing about NLSC sponsored events is that once approved, the club takes full financial and operational responsibility. Go ahead.... give it a try.

Looking down the road a couple of months, spring also means the one-year Board of Director/Committee Chair terms are coming up. A hitch on the Board offers a great opportunity to use your special talents and make a difference in the club. Vice Commodore Randy Baumgartner is chairing the election committee, so if you are interested in serving NLSC and its members, give him a shout. Unsure but want additional information? Give any one of the following Board of Directors a call, and we will answer any question regarding a position:

Commodore	Scott Woolfrey
Vice Commodore	Randy Baumgartner (Election Committee Chair)
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Treasurer	Al Kracke
Education	Joan Gilmore
Meetings & Programs	Jerry Sicard
Trips	Jay Biggs
Membership	Barb Chapman
Marketing & promotions	Debra Woolfrey
Newsletter Editor	Marilynn Kaplan
Historian	Bob Mayer
Web Site	Jake Smith

Here's a shout out to our newest members. We are pleased and excited to welcome aboard Julie and Mark Grube, George and Helen Turbeville, Paul Maravelas, Shirley Townley, and Tom and Becky Pilger. Welcome aboard, and we look forward to seeing you at our sailing events and meetings!

Last thought.... Don't forget to take a good look at your boat's rigging before you splash her this spring. I have personally witnessed a mast go down on a Hunter 26 in less than fifteen knots of wind because of a faulty T-coupling that could have been caught during an inspection. No one was hurt in the incident, but the owner missed a good portion of the sailing season waiting for a new mast. A few minutes of scrutiny may be worth thousands of dollars in repair.

Fair winds and friendly seas,  
Scott

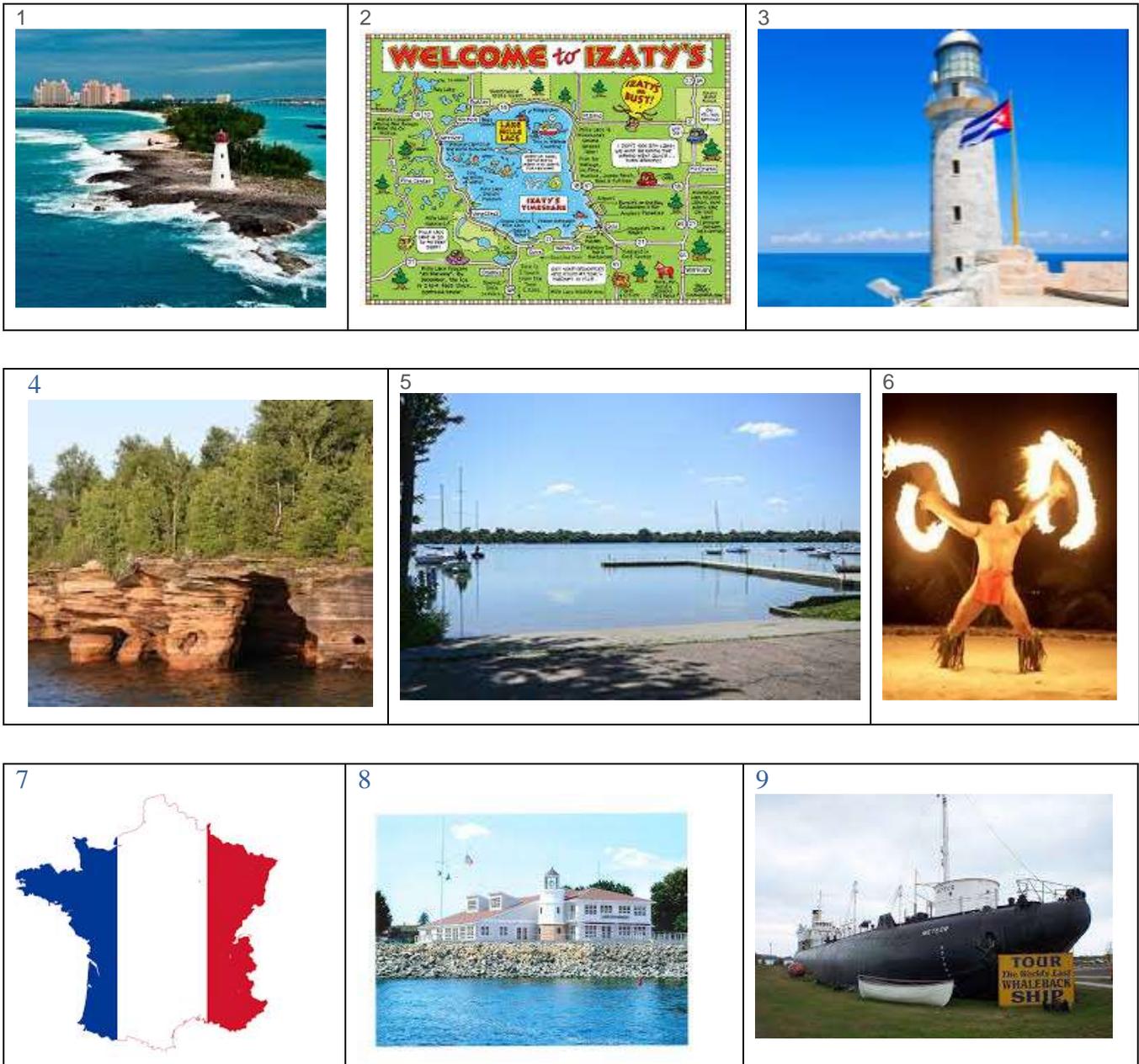
*"Simply messing...about in boats -- or with boats... In or out of 'em it doesn't matter. Nothing seems to matter, that's the charm of it. Whether you get away, or whether you don't; whether you arrive at your destination or whether you reach somewhere else, or whether you never get anywhere at all, you're always busy, and you never do anything in particular; and when you've done it there's always something else to do, and you can do it if you like, but you'd much better not." from Wind in the Willows by Kenneth Grahame*



# NLSC Trip Night March 15, 2016

Our annual NLSC Trip Night is scheduled to take place at 7pm on Tuesday, March 15 at the Chester Bird American Legion, 200 North Lilac Drive, Golden Valley. Members will have the opportunity to learn about many local and distance trips being planned for the upcoming sailing year.

Please join Jay Biggs (trip chair) and/or the organizers of the trips as they present details of each of these fun sailing adventures. Here are a few photo clues to some of the trip destinations:



The first person who emails the correct destinations will win a beverage of choice at the March meeting. I will use the date/time of the emails in case of a tie: [zypta46@gmail.com](mailto:zypta46@gmail.com)

On trip night the trip chairs will provide details of their upcoming trips and pass out relevant information.

After a trip is announced, there will be a 2-week “cooling off period” that ensures proper communication to our membership via our website, emails and newsletter. This also allows those members who were unable to attend trip night to participate without any disadvantage.

The next phase is the registration period where members can begin to submit deposit checks to the trip chair via the US Postal Service. Checks will be taken in order received based on the postmarked date. Checks submitted on trip night or received prior to the 2-week postdate will be treated as though they were received on the 2-week postmark date. This hopefully will eliminate any preferential treatment given to deposits arriving early.

If there are more checks arriving on a certain date than there are spots available, the checks will be placed in a lottery to determine who is placed on the wait list. The trip chair retains the right to bypass a deposit if it is necessary to balance berthing assignments or when a skipper, first mate, or experienced crew member is needed.

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## Recap of February NLSC Meeting By Jerry Sicard and Marilynn Kaplan



February's featured speaker was Cindy Kalow. Cindy and her husband Dick have owned Superior Charters since 2004. Her presentation was very interesting and informative.

Cindy spoke of the beauty of Bayfield and providing some interesting facts about Lake Superior and the Apostle Islands. She described sailing on Lake Superior as “wilderness sailing in our backyard.” Cindy commented that the Apostle Islands National Lakeshore has one of the largest concentrations of lighthouses in one area. The Ice Caves of the Apostle islands brought record crowds into Bayfield last winter, and the Sea Caves continue to delight summertime sailors.

Cindy covered many sailing topics including: sailing opportunities on Lake Superior, how to overcome fears and improve our sailing skills, and chartering locally and in other locales. We learned that Superior Charters has a sailing school to help people become certified to charter. They can also act as a booking agent for setting up charters with many other companies around the country and internationally.

Cindy emphasized the need to keep track of our sailing experience so it's readily available to put into a resume for chartering. She suggested we check out NauticEd.org which provides online sailing education and attend US Sailing Safety at Sea Seminars when available. Joan Gilmore added that members should consider using the Coast Guard - Small Vessel Sea Service Form - [https://www.uscg.mil/forms/cg/CG\\_719S.pdf](https://www.uscg.mil/forms/cg/CG_719S.pdf) for keeping track of sailing time.

# 4 Minutes 4 Safety

Keep the Bugs Away with



Joan Gilmore presented the monthly 4 Minutes 4 Safety with the topic of mosquito borne illnesses.

With the addition of the Zika virus to the already known threats of Chikungunga and Dengue Fever, it's very important to wear mosquito repellent with Deet when sailing/traveling wherever mosquitos are present.





**Meet New Member Paul Marvelas**



A sailor for 35 years, Paul grew up on Lake Minnetonka, where he crewed on J-24s and Etchells at the Wayzata Club. He also crewed in the 1978 Etchell nationals on Lake St. Clair.

Paul enjoys chartering boats on Lake Superior and has a special interest in navigation. He is passionate about introducing people to sailing. He has taught ASA Basic Keelboat for Onboard Sailing School and for Northern Breezes since 2004. He directed the Northern Breezes summer camp for young sailors on Medicine Lake in 2009.

Paul owns a 22' Morgan "centerboarder" which he moors on Minnetonka and often sails at night. He is refitting a Cape Dory 28 at his home near Mayer. He currently works at the Minnesota Veterinary Museum in St. Paul as a curator. His wife, Joni Scheftel, and his son, Gabe Marvelas, are also sailors. He joined NLSC in January. Welcome Paul!

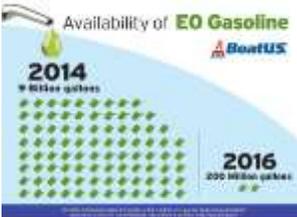
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Live-aboard sailor and published author, Capt'n Fatty Goodlander (also known as the *modern sea gypsy*), has an interesting (humorous) article in the February, 2016 issue of Cruising Magazine.

**Grand Entrance** follows some of his more memorable "clearing-in experiences." You can find the article online at <http://www.cruisingworld.com/making-grand-entrance>.

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**Photo Caption:** E0, or ethanol-free gasoline for boaters may be hard to come by this summer as a result of the Renewable Fuel Standard mandate forcing more ethanol into the fuel supply.  
February 24, 2016

"E0 (zero-ethanol) gasoline, which is sold at marinas and gas stations, is in effect being pushed out of boat fuel market to make room for the Renewable Fuel Standard-mandated E15 and higher ethanol blends. This means boaters may see shortages of E0 fuel as early this summer's boating season. BoatUS believes boaters need a reliable, trusted fuel to ensure smooth engine operation and safe navigation, and we ask you to share this Op-Ed <http://goo.gl/IGMA9q> in any manner available to you" (BoatUS).

## A Tribute by Tom Reddin

### Gone Too Soon

A Tribute to Susan Marie Reddin

There was a beautiful woman, standing on a beautiful beach in a white dress, bare footed. Behind her, Sitting at anchor was a magnificent, tall sailing ship.

In front of the woman, toward land, were several groups of People surrounding her, singing, chatting and crying; they were bidding her farewell and wishing her a happy voyage

Then, a small boat came from the cutter sailing ship. It landed on the beach and the crew scooped her up. The boat headed to the mother ship with its precious cargo.

The woman then walked up the gangway to the main deck to cheers from the whole crew and Captain!

The people on the beach watched the tall sailing ship. First came a puff of black smoke, then came a bang from the ship's cannon.

Beautiful music playing "Amazing Grace" could be heard from the beach as all five Main Sails rose at once from all five masts.

As the Top sails were lowered the ship began to move...

The mighty ship stirred... leaned into the wind... inched forward... and as the clanking anchor chain was winched in and fully raised, the ship inched backward, then to starboard.

With wind filled sails Susan's peaceful smile could be seen as she headed into the horizon. The people on the beach were sad and full of sorrow. She's gone forever...

But Wait!

The woman looking ahead, sees a new island on the horizon. As the island gets bigger and bigger, a crew member hollers:

LAND HO!

Soon, the woman sees groups of people gathered on the beach of the new island. She sees a young man and woman racing into the water to greet her

They were so excited that they grabbed and pulled her to them, the three hugged.

It is the woman's son and daughter. They then splashed and swam back to the crowd on the beach.

Continued.....

The woman suddenly sees her mom and dad, her uncle and aunts, and old friends. They all circle the woman and her son and daughter cheer and sing and laugh and weep and dance until sunset around a glorious bonfire, until finally they collapse in each other's arms.  
 ...falling asleep together... awaiting another day of bliss.

**Love, your husband Tom**  
**April 1, 2015**



December 7, 1939 –March 25, 2015

Tom... Although it has been almost a year, surviving a loss of someone you love so much is difficult. Please find comfort in knowing that your friends at NLSC care. Susan will always be in our hearts and minds.

Kind regards,  
 Jay A. Biggs and NLSC

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**SUMMER MEETUP**



Let's find out how construction is proceeding on the new St. Croix Crossing Bridge. The paddleboat will depart from Stillwater (525 Main Street So.) on Wednesday, June 15 at 3:30pm. You must purchase tickets ahead of time as all dates sell out early. Cost is \$10. For tickets, you should call 651-430-1234 or purchase online through St. Croix Boat & Packet Co ([stillwaterriverboats.com](http://stillwaterriverboats.com)). Plan to arrive early to secure parking. Food and beverages cannot be brought on board, but there is a cash bar on the boat. Minnesota and Wisconsin Department of Transportation engineers will discuss St. Croix Crossing bridge work. Project staff will be present on the boat to answer questions.

## NLSC Meetings

EVENT	DATE	TIME	LOCATION	DESCRIPTION
Club Meeting	March 15, 2016	7pm	Chester Bird Am Legion 200 N. Lilac Drive GV 55422	Club Meeting Trip Night
Board Meeting	March 22, 2016	6:30pm	Davanni's Golden Valley	Board meeting All NLSC members welcome
Club Meeting	April 19, 2016	7pm	Chester Bird Am Legion 200 N. Lilac Drive GV 55422	Club Meeting Annual BOD Elections Guest Speaker Jim Johnson
Board Meeting	April 26, 2016	6:30pm	Davanni's Golden Valley	Board meeting All NLSC members welcome

## Sailing Opportunities

### NLSC Sailing Opportunity Disclaimer

Northern Lights Sailing Club is neither endorsing nor guaranteeing any aspect of any Sailing Opportunity and accepts no liability. Any loss, damage, death, or personal injury that may occur as a result of your participation in these Sailing Opportunities is not the responsibility of Northern Lights Sailing Club.

Your decision to take part in any Sailing Opportunity is your responsibility. You are entirely responsible for your own safety, whether afloat or ashore, and nothing reduces this responsibility.

- It is for you to decide whether the boat is fit to sail in the conditions.
- It is for you to decide whether the skipper(s) and/or crew members are competent to sail.
- You are reminded to always comply with the safety requirements commensurate with the sea area in which you intend to cruise.

Basic Cruising and Bareboat Chartering ASA 103&104	Mar 30-April 5, 2016	Departing from Tortola, British Virgin Islands	Joan Gilmore captainjoan@mac.com
Bareboat Chartering and Cruising Catamaran ASA 104&114	April 6-11, 2016	Departing from Tortola, British Virgin Islands	Joan Gilmore captainjoan@mac.com
Upper Minnetonka Yacht Club & Upper Minnetonka Sailing School Open House	May 20, 2016 4-8pm	The Yacht Club Shorewood, MN	Free Boat Rides To reserve, call Joan Gilmore 612-871-8101 captainjoan@mac.com
Canal Boat Trip	June 18-25, 2016	Strasbourg, France	Jerry Sicard <a href="mailto:gtsicard@gmail.com">gtsicard@gmail.com</a>
Apostle Islands	July 22-24, 2016	Depart from Apostle Islands Marina Bayfield, WI	Tom Embertson tembertson@comcast.net

French Polynesia/Tahiti trip	Sept 1-15, 2016	Departing from Uturoa on island of Raiatea	Jay Biggs Sailor1590@yahoo.com
Liberty Clipper Windjammer Cruise	April, 2017 (6 days)	Departing from Nassau, Bahamas	Judy Pahlow <a href="mailto:JPahlow55110@gmail.com">JPahlow55110@gmail.com</a> 651-341-7593
Summer Sailing Classes	See schedule below		Joan Gilmore 612-871-8101 <a href="mailto:captainjoan@mac.com">captainjoan@mac.com</a>

2016 Summer Sailing Opportunities  
Educational Trips

ASA certification included for all qualified students. Non-students are also welcome.

**Basic Cruising & Bareboat Chartering: ASA 103/104** – Bayfield, WI on Lake Superior. Live aboard 35' boat while learning. Includes textbooks, certifications, all breakfasts & lunches, 1 dinner. \$790. \$770 for NLSC members.

- June 16-19 with pre-boarding June 15 at 7PM
- July 14-17 with pre-boarding July 13 at 7PM
- July 28-31 with pre-boarding July 30 at 7PM
- September 25-28 with pre-boarding September 24 at 7PM

**Docking: ASA 118** – Lake City, MN on Lake Pepin. Two-day class of docking under power on 30' sailboat. Includes textbook and certification. \$425. \$399 for NLSC members.

- June 28 & 29
- August 8 & 9

**Bareboat Chartering: ASA 104** – Bayfield, WI on Lake Superior. Live aboard 35' boat while learning. Includes textbook, certification, all meals. \$425. \$405 for NLSC members.

- June 25-26 with pre-boarding June 24 at 7PM
- August 13-14 with pre-boarding August 12 at 7PM

**Advanced Coastal Cruising: ASA 116** – Bayfield, WI to Grand Marais, MN on Lake Superior. Live aboard 35' boat while learning advanced navigation and cruising, night-sailing. All underway meals, Annapolis Book of Seamanship included. \$995. \$975 for NLSC members.

- August 18-21 with pre-boarding August 17 at 7PM

### Day Sailing

Upper Minnetonka Yacht Club & Upper Minnetonka Sailing School Open House Friday, May 20 4-8PM. Free boat rides. The Yacht Club, Shorewood, MN. Call Capt. Joan Gilmore 612-871-8101 / [captainjoan@mac.com](mailto:captainjoan@mac.com) to reserve.



## **June 18-25, 2016 Cruise the Canals of France**

Cruising Northeastern France from Hesse to Boofzheim

This will be a 7 day journey of 104 kilometers with 43 locks. Stops along the way include Arzviller, Saverne, Hochfelden, with Strasbourg and Erstein next to the Rheine River and the German border. With wine and beer, can it get any better than that?!

The boat will be the 48' Grand Classique. It sleeps 12 with 5 double cabins, 3 heads, and has a marvelous sundeck. We will have only 10 people on board.

The boat cost is \$700.00 per person for the week.

For more information, please contact:

**Jerry Sicard**  
**4400 W. Arm Rd. #326**  
**Spring Park, Mn. 55384**  
**[612-940-7403](tel:612-940-7403)**  
**[gtsicard@gmail.com](mailto:gtsicard@gmail.com)**

### NLSC Board of Directors



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Jake Smith	Webmaster
Robert Mayer	Historian

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Northern Lights Sailing Club meetings are held the third Tuesday of every month at 7:00 p.m., January through May and October through November. The meeting location is the Chester Bird American Legion, 200 N. Lilac Drive, Golden Valley, 55422.

Summer meetings are potluck dinners held at members' homes. Meeting locations are listed in *Bearings* and on the NLSC website, [www.nlsc.org](http://www.nlsc.org).

E-mail us at [nlsc\\_mail@yahoo.com](mailto:nlsc_mail@yahoo.com).